

**ALL STAR AQUATICS
CODE OF CONDUCT
FOR SWIMMERS AND PARENTS**

SWIMMERS' CODE OF CONDUCT

As a swimmer and member of All Star Aquatics ("ASA"), I will abide by the following code of conduct:

1. Treat teammates, coaches, competitors, officials and parents with respect.
2. Respect the time and effort of others by being on time for practice, training sessions and meets.
3. Practice and teach good sportsmanship.
4. Promote positive team spirit and morale.
5. Support teammates at practice and competition.
6. Offer congratulations and encouragement to teammates and opponents.
7. Take responsibility to leave my personal area and the ASA team area in a neat, clean condition after practice sessions and swim meets.
8. Respect the rights and space requirements of other teams and people using the swim facility.
9. Represent the team and the sport positively.

PROHIBITED BEHAVIOR

1. Use/possession of illegal substances (alcohol/drugs/tobacco)
2. Destructive behavior
3. Unruly behavior including fighting/striking another person
4. Inappropriate language (swearing/derogatory comments) and lying/deceit
5. Stealing and vandalism
6. Bullying or isolating a teammate
7. Interference with the progress of a teammate

CONSEQUENCES FOR VIOLATION

The Code of Conduct is in force for all ASA swimmers during practices, swim meets, and other events sponsored by ASA or in which ASA is represented. Disciplinary action includes, but is not limited to: reprimands, drill repetition, dismissal from practice or meets (at parents' expense), expulsion from team, competition ban.

SAFETY & BEHAVIOR

The Board of Directors of All Star Aquatics reserves the right to terminate the membership of any individual whose behavior places ASA in an unfavorable light or jeopardizes our participation in any pool use or sporting event. All swimmers are expected to demonstrate good sportsmanship and act as ambassadors for the club and appropriate role models for teammates and other swimmers,

PARENTS' CODE OF CONDUCT

1. Treat swimmers, coaches, competitors, officials and parents with respect.
2. Do not instruct or coach your child, other swimmers or the team. You are a parent, not a coach.
3. Communication with the coaching staff should occur before/after practice or before/after the coach's work day.
4. Practice and teach good sportsmanship.
5. Promote positive team spirit and morale.
6. Support teammates at practice and competition.
7. Commit to volunteer hours as prescribed by ASA Board of Directors.
8. Direct questions about decisions by meet officials to ASA coaches.
9. Maintain self-control. Know your role:

Swimmers swim

Coaches coach

Officials officiate

Parents parent

As the parent/guardian of a competitive swimmer, your primary responsibility is to provide a caring, supportive environment. That support encourages your child to feel good about her/his interest in competitive swimming. Show your support by ensuring your swimmer's attendance at practices and meets.

While you are not actually competing, parents/guardians contribute to your swimmer's success. Be a positive role model, demonstrate good sportsmanship and be a positive representative of ASA. Should parent conduct bring discredit or discord to ASA or USA Swimming, there will be disciplinary action. ASA reserves the right to terminate any membership in the interest of the club's vision, mission and objectives.

RELEASE OF LIABILITY

A release of liability can be found on the ASA registration site and must be electronically signed before joining ASA. It reads:

Parent/Guardian hereby releases ASA, its employees, officers, directors and volunteers and any facility used by ASA from any liability arising out of injury to the Swimmer(s) which may occur while the Swimmer(s) is/are participating in the ASA swim program, including but not limited to practices, meets, travel trips and other team activities or while the Swimmer(s) is/are using facilities leaded or used by ASA.